



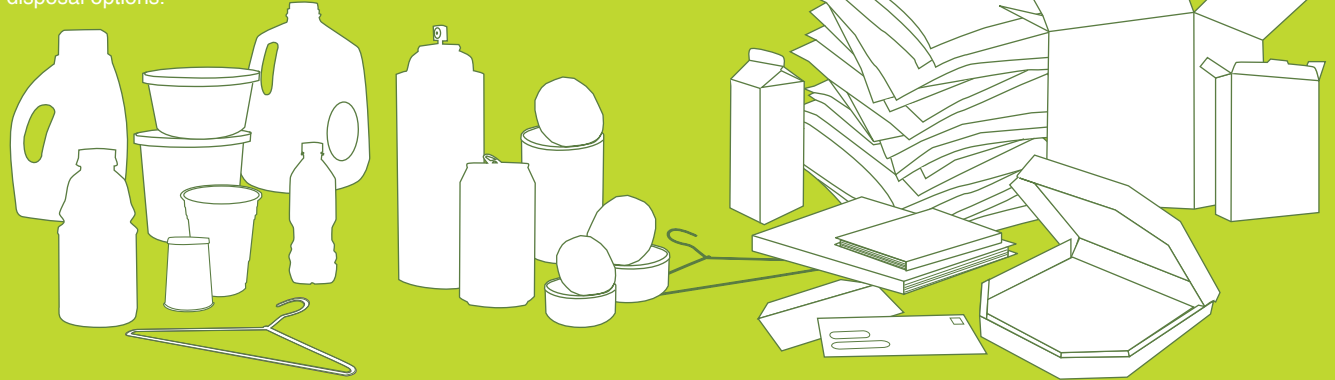
THINKBEFORE YOUTHROW™

The decision to recycle is a simple choice to properly handle the waste streams which we create. American Disposal Services is committed to the promotion, education, and implementation of recycling programs for all customers we service. Think Before You Throw™ is a reminder that we make choices every day that have a significant impact on our future. We ask you to join American Disposal Services in our efforts to Think Before You Throw.™

REDUCE * REUSE * RECYCLE

YES

Place **ALL** items in your recycling bin together. Some items may need a quick rinse, to avoid contamination in the recycling process. For items not listed, please contact your landfill for recycling and disposal options.



PLASTICS

ALL plastics labeled #1-7, milk jugs, rigid plastics, plastic coat hangers, wide-mouth plastics



METALS

Aluminum cans, steel cans like soup cans, aluminum foil and aluminum foil trays (rinsed), empty aerosol cans, metal coat hangers

GLASS

ALL glass bottles and jars are acceptable in your bin

PAPERS

Mixed paper, office paper, junk mail, magazines, catalogs, phone books, paperback and hardback books, paperboard used to make food packaging like cereal boxes, juice cartons and boxes, newspapers and ALL inserts, cardboard boxes, pizza boxes (without grease)



NO

The following items **DO NOT** belong in your recycling bin.

- no heavy metal pots and pans (bring to a scrap yard)
- no food-covered paper plates & napkins
- no glassware/heat-resistant glass
- no Styrofoam products
- no light bulbs
- no ceramics
- no batteries
- no clothing
- no tires

